



Menu - 2025

Week 1

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Mealie Meal	Scrambled eggs & toast	Jungle Oats	Wheat Bix	Malta Bella
Morning snack	Variety sandwiches & fruit	Home baked Muffins & fruit	Variety sandwiches & fruit	Variety sandwiches & fruit	Popcorn & fruit
Lunch	Beef spaghetti bolognaise	Macaroni & cheese	Chicken a 'La King with rice	Savoury beef mince with mash	Toasted chicken sandwiches
Dessert	Custard	Jelly	Banana / Madeira loaf	Yoghurt	Ice-cream with sprinkles
Afternoon tea	Fruit flavoured iced tea, biscuits and fruit/ crudités				

Week 2

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal of the day	Mealie Meal	Scrambled eggs on toast	Jungle Oats	Malta Bella
Morning snack	Variety sandwiches & fruit	Variety sandwiches & fruit	Home baked Muffins & fruit	Variety sandwiches & fruit	Popcorn & fruit
Lunch	Chicken a 'La King with rice	Macaroni & cheese	Beef spaghetti bolognaise	Farm style chicken with rice	Toasted cheese sandwiches
Dessert	Milk Shake	Ice Cream with sprinkles	Swiss Roll	Yoghurt	Jelly
Afternoon tea	Fruit flavoured iced tea, biscuits and fruit/ crudités				